



# GASTRO LUNCH MENU



- SOUP OF THE DAY** (1,2,6) €5.50
- SEAFOOD CHOWDER** (1,2,6,10,11,12) €8.50  
SALMON, COD, SMOKED HADDOCK, CARROT,  
CELERY, POTATO, CREAM, FRESH PARSLEY
- CHICKEN WINGS** (1,4,5,6,7,8) €8.00  
CHOICE OF BUFFALO/ASIAN/BBQ, SERVED WITH BLUE CHEESE DIP
- CHICKEN CEASER SALAD** (1,2,4,7) €8.50  
BACON LARDONS, BABY GEM, CRUTONS,  
GRILLED CHICKEN, CEASER DRESSING
- GOATS CHEESE SALAD** (1,2,6) €8.50  
MIXED LEAVES, CHERRY TOMATOES, RED ONION,  
WALNUTS, BALSAMIC DRESSING, HERB PESTO
- HAM & CHEESE PANINI** (1,2,4,7) €8.00  
SERVED WITH COLESLAW, HOUSE DRESSED SALAD
- CASTLE CLUB SANDWICH** (1,2,4,7) €9.00  
CHICKEN, BACON, BABY GEM, TOMATO,  
MAYONNAISE SERVED ON EITHER WHITE OR BROWN BREAD
- CASTLE BLT** (1,2,4,7) €8.50  
CRISPY BACON, BACON, TOMATO, BABY GEM,  
SERVED ON EITHER WHITE OR BROWN BREAD
- CRISPY CAJUN CHICKEN WRAP** €8.50  
CAJUN CRISPY CHICKEN, CHEESE, (1,2,4,7,14)  
COLESLAW, BABY GEM
- ITALIAN GRILLED PANINI** (1,2,4,7) €8.50  
BUFFALO MOZZERELLA CHEESE, TOMATO, HERB PESTO

MAKE YOUR SANDWICH A COMBO,  
ADD CHIPS OR SOUP FOR €3 EXTRA

#### ALLERGENS INFORMATION

Allergens 1. Gluten 2. Dairy 3. Nuts 4. Eggs 5. Soya 6. Celery  
7. Mustard 8. Sesame seeds 9. Sulphites 10. Molluscs 11. Fish  
12. Crusteans 13. Lupin 14. Peanuts



PH: 049-9524103  
WWW.THECASTLEBELTURBET.IE



# GASTRO LUNCH MENU

## OPEN PRAWN SANDWICH €9.00

BOSTON PRAWNS DRESSED IN MARIE-ROSE SAUCE  
ON BROWN WHEATEN BREAD, LEMON (1,2,4,7,8)

## BBQ CHICKEN BAGEL (1,2,4,7) €8.50

CHICKEN, BACON, BABY GEM, RED ONION,  
BBQ SAUCE, MAYO, SERVED IN A POPPY SEED BAGEL

## SLAUGHTER-HOUSE BAGEL €9.00

4 OZ BEEF PATTY, CHORIZO, SMOKED CHEESE,  
SWEET CHILI MAYO, BABY GEM, ONION RING,  
SERVED IN A POPPY SEED BAGEL (1,2,4,7,8)

## BREAKFAST BAGEL (1,2,4,7) €8.50

SAUSAGE, BACON, DRUMULLY BOXTY, FRIED EGG,  
SERVED ON A POPPY SEED BAGEL

MAKE YOUR SANDWICH A COMBO,  
ADD CHIPS OR SOUP FOR €3 EXTRA

## CHICKEN GOUJONS & CHIPS €11.50

(1,2,4,5)

### SIDES

€3.50

- CHIPS
- WEDGES
- ONION RINGS
- DRESSED SALAD
- CAJUN FRIES

## PLAIN SCONES

€3.50

SERVED WITH JAM & FRESH CREAM

### ALLERGENS INFORMATION

Allergens 1. Gluten 2. Dairy 3. Nuts 4. Eggs 5. Soya 6. Celery  
7. Mustard 8. Sesame seeds 9. Sulphites 10. Molluscs 11. Fish  
12. Crusteans 13. Lupin 14. Peanuts



PH: 049-9524103  
WWW.THECASTLEBELTURBET.IE

